



The School Nursing Team

Dear Parent/Guardian,

The school nursing service are running three online sessions on school readiness in September 2023 for parents of reception and year 1 children. The sessions will cover toileting, sleep routines and healthy lifestyles.

These sessions will be held virtually via Microsoft Teams on the following dates:

Tuesday 5th September: 2.00 – 2.45pm Thursday 14th September: 09:30 – 10:15am Monday 18th September: 4.00 – 4.45pm

If you would like to join, please email this address csh.schoolnurseadminneq@nhs.net with the following information.

- Name of School.
- The date you would like to attend.

Once you have emailed our team, you will then receive a Microsoft Teams link to log on to the session near the time.

Yours sincerely

The School Nursing Team.