



## Drawing and Talking

The Drawing and Talking programme involves a technique that is designed to let a child process his or her feelings internally, in a safe environment and at their own pace.

"With a pencil and paper to hand, a child's basic instinct is to draw, and by talking through this with an empathetic and caring adult, a child is able to process and make sense of the painful memories that may be effecting their behaviour, and in turn their learning."

The Drawing and talking training does not teach people to examine and interpret an image a child has drawn to find its meaning, participants are taught to stay in touch with the internal process happening within the child while they are drawing, by asking non-intrusive questions.

This programme helps children who have suffered trauma or who have underlying emotional difficulties that may be affecting their learning and behaviour.

The sessions are 30-minute weekly sessions to individual pupils and run for 12 weeks.